



Spring 2014 Salons

with Gourmet Luncheons
hosted by Deanna Trust

**Three Master Teachers to Inspire You with Empowering Topics
Delicious Gourmet Fare & Delightful Vocal Entertainment**

INSTRUCTION: 10 AM to Noon & 2 PM to 3 PM • LUNCH: Noon to 2 PM
Salons take place in Deanna's Casterline Inn decorated with cherished icons and sacred artifacts



SATURDAY, APRIL 26 ~ Igniting the Psychic Senses with Sue Freeman

In this experiential workshop, you have the opportunity to explore and ignite your psychic senses! Through guided meditations and exercises designed to provoke your abilities, you will discover your strongest psychic sense, learn how to trust your intuition, and begin to let go of anything that blocks you from tapping into your abilities. • Sue Freeman was in a formal development circle for seven years and has been teaching psychic & spiritual development classes for four years. She currently teaches three classes at her business, The Art of the Heart, where she provides intuitive and soul level guidance to move forward with healing, love, and grace (theartoftheheart-chester.com). • **MENU:** *Dried Fig & Apple Salad with Spring Greens & Raspberry Vinaigrette; Artichoke Gratin with Diced Smoked Gouda; Roasted Red Pepper Bisque; Shrimp Etoufée with Basmati Rice; Strawberries Romanoff*

SATURDAY, MAY 24 ~ Working Co-Creatively with Nature Spirits with Sharon Gabriel

We usually think of Nature as being the trees, flowers and plants that surround us. In this class you will receive a much larger understanding of what Nature encompasses, and more importantly, how you can work co-creatively with Nature by communicating with Nature Spirits. It's fun, easy, and the possibilities are endless. Despite what we may think, we are unable to control or over-power Nature, but Nature eagerly awaits our communications in order to work in partnership with us in solving the many problems we, as humans, have created for ourselves and for our planet. • With a background in Social Work, Clinical Hypnotherapy, RoHun, Shamanism, and a variety of energy healing techniques, Sharon has extensively studied Mabelle Small Wright's work with Nature Spirits at her research center in Virginia. **MENU:** *Greek Salad with Balsamic Vinaigrette, Pesto Hummus with Green Mountain Gringo Chips; Hemingway's Gazpacho; Lemon Herbed Salmon with Tabouleh Quinoa; Lemon Bars and Fresh Fruit*



SATURDAY, JUNE 28 ~ The Secrets of Egypt and the Power of Isis with Lorraine Henrich

Egypt contains the first recorded human effort of symbolism: defining the inner and outer cosmos, the microcosm, and the macrocosm. It is the most powerful form of symbolism and has survived the ages. Egyptian symbolism reaches below the conscious mind to tap into the collective consciousness of the human mind. The symbols of ancient Egypt are still alive today, existing in the hearts and minds of humanity. Join us on this powerful day where we will meet Goddess of Love and Archetype of Divine Feminine, Isis. With her help we will work with powerful keys within our souls to restore beauty within and achieve balance and peace • Lorraine is an international instructor and serves as Priestess and Council Member in the Osiris Temple of the Modern Mystery School and is the founder of the Tree of Light Healing Center in Morris Plains, NJ (TreeofLightHC.com). **MENU:** *Salad of Mandarin Orange, Toasted Almonds & Cranberries with Ginger Dressing; Spring Rolls with Ponzu Dipping Sauce; Orange-Ginger Soup; Teriyaki Vegetable Lo Mein; Coconut Brown Sugar Cake with Pineapple Custard Filling*

COST: \$90.00 per individual salon / Sign up for all 3 salons and get one free...just \$180.00!

OR for any individual salon, reserve and pay by Friday, April 18 and save 10%.

Price includes gourmet 5-course luncheon selected from Deanna's favorite recipes.

Vegetarian substitutes are available by Advance Request only.

Mail checks payable to DEANNA TRUST • Send to 192 Casterline Road, Denville, NJ 07834
OR mail an electronic payment through www.chase.com - Chase Quick Pay to Deanna S. Trust

Call to reserve your salon: 973-366-3570
www.TrustFengShui.com